

# ***Journey Through Advent***



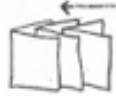
*By Nina Warriner  
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congregations to duplicate this booklet.*

# Directions for Assembling Booklet

*Notes:*

Copy the pages 2-sided (flipping on short edge) and collate.

Fold the pages in half and nest inside each other so that the pages are in order.



Either staple on the fold or follow the directions below for a tied booklet.

Cut cord, ribbon or yarn 3 times the length of the spine (height of the folded booklet)

Snip away the top and bottom corners of the spine. Cut a triangular hole from the middle of the spine.



From the outside of the booklet, lace the string through the center hole, leaving about a 4" tail.

Let the long end hang down free from the center of the booklet.



From the bottom, wrap the long end of the string around the outside spine, all the way to the top edge, and then back inside the booklet.



Lace the string into the center hole, exiting to the outside of the booklet.



Position the ends of the string so that they are on opposite sides of the long wrap around stitch.



Tie the ends of the string together making a bow if you like.



# Advent 2020 Themes and Scriptures

November 29 – God Come Among Us (Hope)

Isaiah 64:1-9

Psalm 80:1-7, 17-19

Mark 13:24-37

I Corinthians 1:3-9

December 6 – Prepare the Way of the Lord (Love)

Isaiah 40:1-11

Psalm 85:1-2, 8-13

Mark 1:1-8, 2

Peter 3:8-15a

December 13 – Bring Good News (Peace)

Isaiah 61:1-4, 8-11

Psalm 126

John 1:6-8, 19-28

1 Thessalonians 5:16-24

December 20 – The World is About to Turn (Joy)

Luke 1:26-38

2 Samuel 7:1-11, 16

Psalm 89:1-4, 19-26

Romans 16:25-27

December 25 – For Unto Us a Child is Born

Isaiah 9:2-7

Psalm 96

Luke 2:1-20

Titus 2:11-14

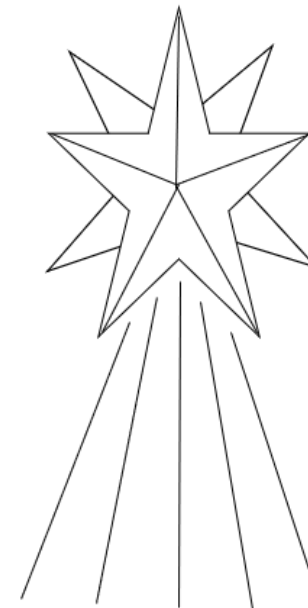
Doctrine and Covenants 164:9b

# Journey Through Advent

Each week you will be invited to reflect upon your journey through Advent. Each moment you contemplate is shaped by your past, informed by your present and inspired by your future. You are challenged to “Come before your Eternal Creator with (an) open mind and heart and discover the blessings of the gospel anew; to be vulnerable to divine grace.”

Doctrine and Covenants 163:10b

May you begin this journey of Advent, assured that hope, love, peace and joy flourish not only in the anticipation of the coming Christ child, but with expectation that what is birthed within you will be poured out as blessings to others.



## 1st Sunday of Advent – Hope

Reflect upon past Christmases. What is one of your favorite memories?

What is one gift that you once hoped for?

What was the outcome?



## For Unto Us a Child is Born

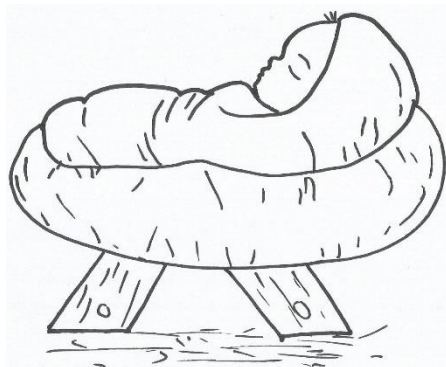
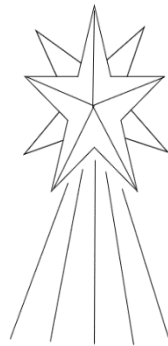
As a disciple of Christ, how has this journey through Advent impacted your calling?

HOPE  
LOVE  
PEACE  
JOY

## Christ's Birth

How have you experienced hope, love, peace, and joy during your journey through Advent?

As you encounter Christ, what is His message for you right now?

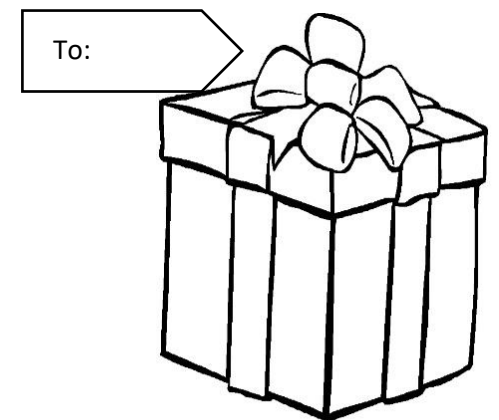


## Hope in the Midst

Consider the circumstances of your life right now. Consider the current circumstances of the lives of others.

If you had the ability to give anything, what would it be?

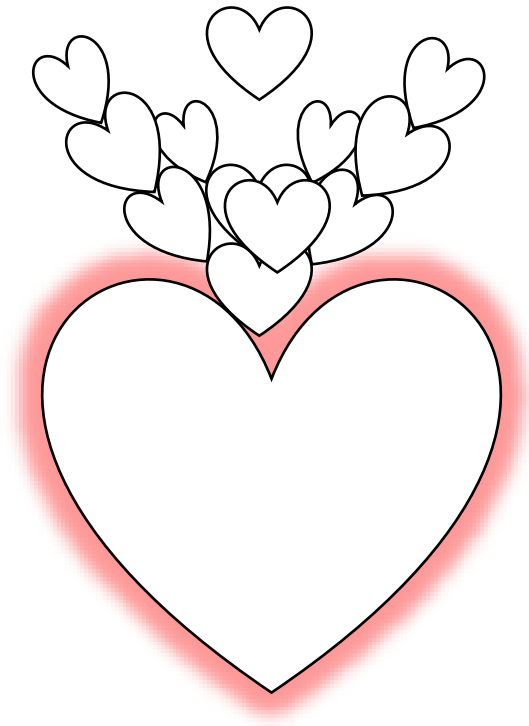
Who would it be for?



## 2nd Sunday of Advent – Love

In what ways have you received love throughout your life?

As you reflect on this list, how many of these were action based—someone did something for you or with you?



## Joy in the World

The Spirit of the One you follow is the spirit of love and peace. That Spirit seeks to abide in the hearts of those who would embrace its call and live its message.

—Doctrine and Covenants 161:7

What can you do to embrace the call and live the message?

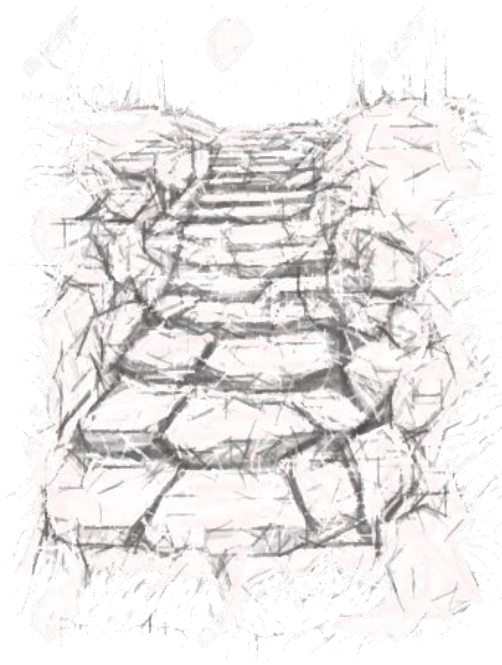


## 4th Sunday of Advent – Joy

The path will not always be easy, the choices will not always be clear, but the cause is sure and the Spirit will bear witness to the truth, and those who live the truth will know the hope and the joy of discipleship in the community of Christ.

— Doctrine and Covenants 161:7

Reflect upon your path as a disciple. What joys have you experienced in your journey?



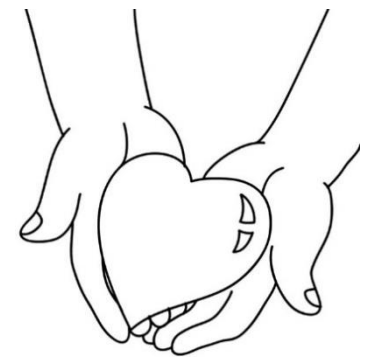
## Love in Action!

Love is a verb!

Let us love, not in word or speech, but in truth and action. — 1 John 3:18

Consider giving a gift of action to someone you love. Choose from one of the ideas below or come up with one of your own. Once you have done it, let your person know in a personal note or Christmas card.

- Donate in their name to a cause they are passionate about
- Do an act of kindness that would be especially meaningful for them
- Volunteer somewhere that is important to them
- Make something creative and memorable for them
- Other:



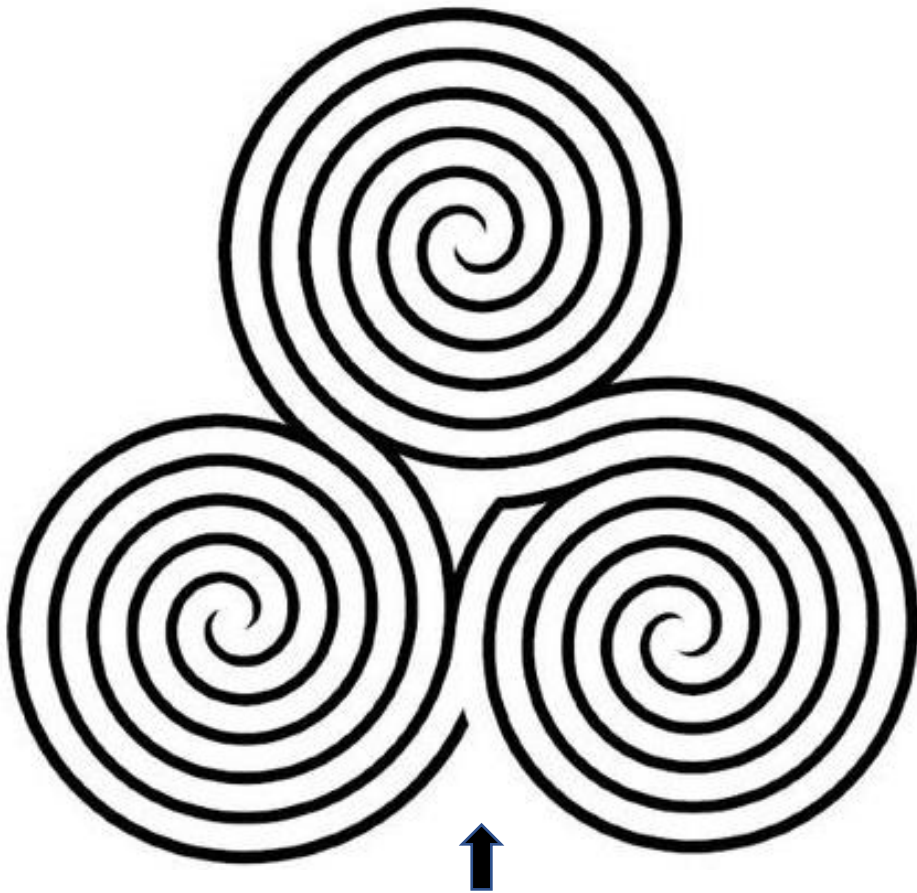
## 3rd Sunday of Advent - Peace

Understand that the road to transformation travels both inward and outward. The road to transformation is the path of the disciple.

— Doctrine and Covenants 161:3d

Spend some time with the finger labyrinth below.

Where do you find peace in your journey as a disciple?



## Peace in Motion

Movement is manifested in relationships inviting disciples to journey inward to God, from God to others, from others to self, from a transformed self to renewed relationships with others, from us to them, from us to God. The Temple is a symbol of life transformation.

— *Breathe New Life*, youth lessons

The road to transformation is the path of the disciple.

— Doctrine and Covenants 161:3d

In what ways does this resonate with you?

In what ways does it challenge you?