

# Hunger Ministries

## How am I doing?

( \_\_\_\_\_ )  
DATE

...For I was hungry and you gave me something to eat...  
Matthew 25:35

My response to the poor is an indication of my relationship with Christ. Mother Teresa said, "When I touch the body of the poor, I touch the body of Christ."  
During the month of \_\_\_\_\_, I want to revitalize my covenant relationship with Christ and the poor.



**Assessing My Response** – On the lines below, I will enter a **Y** (Yes) or **N** (No) to indicate the scope of my **present** or **recent** involvement.  
(Extra lines are provided for additional responses)

### Local Hunger

- \_\_\_ Do I participate in our community food pantry program?
  - \_\_\_ Do I support Crop Walk?
  - \_\_\_ Do I assist with Meals on Wheels?
  - \_\_\_ Do I provide meals for the hungry?
  - \_\_\_ Do I support local food drives?
- \_\_\_\_\_  
\_\_\_\_\_

### Financial Assistance

- \_\_\_ Do I contribute to the Oblation Fund?
  - \_\_\_ Do I contribute to the World Hunger Fund?
  - \_\_\_ Do I contribute to the local food pantry?
- \_\_\_\_\_  
\_\_\_\_\_

### Worship

- \_\_\_ Have I been a part of a hunger focused worship?
  - \_\_\_ Have I offered prayers regularly for the needs of the hungry?
- \_\_\_\_\_  
\_\_\_\_\_

### Education

- \_\_\_ Have I participated in a presentation on hunger (video, guest speaker, etc.)?
  - \_\_\_ Have I participated in a study class on hunger?
  - \_\_\_ Have I been a part of a hunger fast?
  - \_\_\_ Have I gone to **www.CofChrist.org/hunger**?
  - \_\_\_ Have I read the church's World Hunger brochure?
- \_\_\_\_\_  
\_\_\_\_\_

### Advocacy

- \_\_\_ Do I understand that the political process of citizen advocacy is an important response to hunger?
  - \_\_\_ Have I participated in a Offering of Letters?
  - \_\_\_ Would I be willing to become a member of Bread for the World?
  - \_\_\_ Do I understand the difference between **relief** (charity) and **release** (justice) ministries?
- \_\_\_\_\_  
\_\_\_\_\_

*"O God, to those who have hunger give bread; and to us who have bread give the hunger for justice."*  
--Latin American table grace

For additional information on things you can do and resources that would be helpful, go to **www.CofChrist.org/hunger** and contact your congregational community outreach representative.