Do you SING in the shower? Do you PLAY music when you're riding in a car? Music is a part of everyday life. The way you THINK about God often becomes clear through music. It can CONNECT you to God and help you feel peaceful. CHOOSE a song that reflects your thoughts about God—a heart song. SING or PLAY it on a musical instrument. Even if you don't think it sounds good, remember that God HEARS beautiful music in your worship.

When did you first hear that song? How does it make you feel to sing, play, or listen to it?