

Alone is not always lonely. Jesus was constantly surrounded by people who wanted him to **PREACH, TEACH, HEAL, AND CHANGE** their lives, so he often went away to be alone with God. How many hours a day do you spend with others? How many hours alone? Have there been times when you wished you could go somewhere by yourself?



Record the number of hours you spend with others and the number you spend by yourself.

Finish the following sentences:

I like to be alone when... \_\_\_\_\_

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The hardest thing about being alone is... \_\_\_\_\_

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